

Joyful Journey will be closed Memorial Day, Monday, May 27th, in remembrance of our fallen servicemen and women.

Wandering and Project Lifesaver

Project Lifesaver is a program provided by the Tippecanoe Sheriff's Office. This program helps outfit citizens, prone to wandering, with a locator bracelet. The bracelet is able to be worn on their wrist or ankle and emits a continuous signal. If needed, a trained search team can quickly find the lost person.

To be eligible for Project Lifesaver, you must reside in Tippecanoe County. For information, please contact the Sheriff's office at 765-423-9388.

Hearing Loss and the Brain

According to a Harvard Medical School publication, hearing loss is the most common neurological disorder. However, people don't often realize that hearing loss means the brain is less stimulated.

Understanding hearing loss and its connection to cognition can be an important aspect of healthy aging. In fact, people with untreated hearing loss are five times more likely to develop dementia and begin to notice symptoms of dementia 2-3 years earlier.

If you believe you have some hearing loss, please contact a local audiologist and get it checked.



Morel Mushrooms

Executive Director, Bess Witcosky, was "Hunting up Some Fun" with Friends during her Morel Mushroom presentation. Bess shared her family tradition and connection to mushroom hunting however, she did not share her special mushrooming spot!

Friends joined in sharing about some of their morel hunting tales and cooking preferences. Friends learned the history surrounding morels, some tips on how to find these elusive mushrooms, and also watched a short video on how to cook them to perfection.

Friends handled a real morel and went looking for mushrooms in a few select pictures that were shared on our big screen. Special programs like this are a great way for the Joyful Journey Program Team to add variety and seasonal fun each month.



Friendships bloom in the midst of being together, working together, and sharing each other's life stories.

QUOTE SELECTED BY JOYFUL JOURNEY FRIENDS

"Happiness is not by chance, but by choice." *Jim Rohn*