

**JUNE, 2023**

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memorials.



600 Lindberg Road  
West Lafayette, IN 47906  
765-607-6156

[www.joyfuljourneywl.org](http://www.joyfuljourneywl.org)



### Overnight Respite

Family caregivers may need and/or want to take a vacation or work trip, but are unable to leave their loved one alone for multiple days. One option is utilizing a long term care community or skilled nursing facility. Start by asking yourself if extended respite is right for your loved one. Will they be able to navigate a new setting for a week or longer? If so, follow these steps to find the best overnight respite for your situation:

- \* Ask someone about their experience at a long term care community they have utilized.
- \* Call several long term care communities to ask what the requirements are to enroll in respite services. There is usually a minimum requirement to stay one week to one month.
- \* Take a tour! Visit at least three different locations before you make your decision.

### SAVE the DATE

The Joyful Journey Classic Celebrity Softball Game and Home Run Derby is Sunday, August 27th, from 12:30pm-5pm, at Loeb Stadium. General Admission is pay what you wish. All proceeds go to Joyful Journey. Sponsorships for businesses and families are available.

### Activity Spotlight: Game Shows

Have you ever wanted to be on the Price is Right, Deal or No Deal, Wheel of Fortune or Who Wants to be a Millionaire? We have! At Joyful Journey, we have a version of each of these games that engage and delight Friends.

*The Price is Right* can be played as a TV game where we use a slide show and animation to present different home goods, then guess the price. We also have our own Plinko board that Friends can drop ping pong balls down for a high score.

*Deal or No Deal* is set up on our large white board with individual briefcase icons to choose from.

*Wheel of Fortune* is presented as a more simple word game using a letter board.

We play *Who Wants to be a Millionaire* as a group and enjoy the trivia component. It's also fun to find out if we guessed correctly!

As you can see, we use a variety of approaches to create a fun environment for Friends to feel confident, supported and even a little competitive.

### Workshop: What's Normal Aging?

#### Providing Answers to Your Questions on Age Related Changes

Join Brittney Kaboggoza on Wednesday, July 26, as she shares insights from Teepa Snow's Positive Approach to Care, specifically focusing on understanding and recognizing what changes are age-related and what changes may be symptomatic of a more complicated issue. She will also address typical signs that occur during the progression of dementia. The free workshop will be held at Joyful Journey, 600 Lindberg Rd, West Lafayette, on Wednesday, July 26th, from 6:30pm-8:30pm. Please RSVP before July 19 emailing: [info@joyfuljourneywl.org](mailto:info@joyfuljourneywl.org) or calling 765-607-6156.

### SMILES BLOOM



### QUOTE SELECTED BY JOYFUL JOURNEY FRIENDS

"Far up in the deep blue sky, great white clouds are floating by. All the world is dressed in green. Many happy birds are seen. Roses bright and sunshine clear, show that lovely June is here." — F. G. Sanders