

Monday

Tuesday

Wednesday

Thursday

Friday



# May 2026

*Joyful Journey* INC  
ADULT DAY SERVICE

Coffee Club  
Connect 4  
Stretch Fitness  
May IQ and Gazette  
Giving and Kindness Trivia  
Watercolor Painting  
Scarf and Chair Dance  
Choir Practice  
Remembering School Graduation

1

Coffee Club  
Shut the Box Dice  
Top to Bottom Yoga  
An Idiom a Day  
May Jeopardy Trivia  
Music Bingo  
Noodle Ball  
Card Games  
Old Time Radio Shows

4

Coffee Club and Nails  
Card Bingo  
**REFIT with Tara**  
Table Talk Tidbits  
Identifying Insects  
Jenga  
**Music with Keith**  
Corn Hole  
Identifying Insects

5

Coffee Club  
Roll Em All Dice  
Would You Rather? Spring  
**Franciscan Health Fitness**  
Guess the 60's Artist  
**Music with Chris**  
Ring Toss  
Puzzles  
Elegant Horses

6

Coffee Club  
What do you Meme? Game  
A Drop in the Umbrella Fitness  
Tongue Twisters  
Who Sings these Tasty Tunes?  
Art Experience  
Washer Toss  
Shut the Box Dice  
Name that Flower

7

Coffee Club  
Card Games  
Stretch Fitness  
Mother's Day Word Mining  
Guess the Dog  
Parachute Fitness  
**Therapy Dogs International**  
Mother's Day Jewelry Making  
Infants and Babies

8

Coffee Club  
Puzzles  
Resistance Fitness Bands  
Table Talk Tidbits  
Colorado Wildflower Tour  
Watercolor Paint  
**Music with Denise**  
Corn Hole  
Short Stories

11

Coffee Club and Nails  
Just Add Water Painting  
Horseshoe Toss  
Word Teasers  
Guess the Cat  
**Love on a Leash & Choir Practice**  
**Fitness with Rachel**  
Musical Art  
Guess the Motown Artist

12

Coffee Club  
Card Games  
Noodle Ball  
Finish the Phrase  
Old Time Radio Shows  
Washer Toss  
Art Experience  
Left Right Center Dice  
Riddle Me This

13

Coffee Club  
Poker Ante  
Balloon Volleyball  
True or False  
Random Trivia  
Art Experience  
**Music with Kelsey**  
Ball Toss  
Everything Elvis

14

Coffee Club  
Ship Captain Crew Dice  
Stretch Fitness  
Pondering Prompts  
Guess the Bird  
Music Bingo  
Drum Fit  
Ousi Game  
Name that Crooner

15

Coffee Club  
Musical Art  
Nerf Fitness  
Mythbusters  
Where am I? Indianapolis  
Jenga  
**Laf. Symphony Orchestra**  
Ring Toss  
Name that Instrument

18

Coffee Club and Nails  
What do you Meme? Game  
A Drop in the Umbrella Fitness  
Name 5 Things  
Wind Down with Willie Nelson  
Watercolor Paint  
**Fitness with Rachel**  
Bingo  
Wind Down with Willie Nelson

19

Coffee Club  
Puzzles  
Whole Brain Health  
Table Talk Tidbits  
Beautiful Butterflies  
Corn Hole  
Art Experience  
Sorry Game  
Do You Hear What I Hear? Spring

20

Coffee Club  
Card Games  
Resistance Fitness Bands  
Would You Rather? Spring  
Name that Country Artist  
Art Experience  
**REFIT with Tara**  
Card Bingo  
What's Growing in the Garden

21

Coffee Club  
Left Right Center Dice  
Stretch Fitness  
Memorial Day Word Mining  
Can You Picture This? Discussion  
Patriotic Sing Along  
**Seated Tai Chi with Cindy**  
Comedic Charades  
Name that Patriotic Tune

22

**JJ is closed for the holiday** 25  
  
**MEMORIAL DAY**  
\*\*\*  
Remember and Honor

25

Coffee Club and Nails  
Card Bingo  
Corn Hole  
Pondering Prompts  
Animal Antics Slideshow  
Ball Toss  
**Columbian Park Zoo**  
Ousi Game  
Old Time Radio

26

Coffee Club  
Ship Captain Crew Dice  
Drum Fit  
Tongue Twisters  
Guess the Motown Artist  
Horseshoe Toss  
**Music with King Louie**  
Music Bingo  
May Trivia

27

Coffee Club  
Puzzles  
Noodle Ball  
Word Teasers  
Riddle Me This  
Watercolor Paint  
**Music with Strings of Hope**  
Corn Hole  
May Jeopardy Trivia

28

Coffee Club  
Roll Em All Dice  
Top to Bottom Yoga  
Table Talk Tidbits  
Short Stories  
Magazine Scavenger Hunt  
Balloon Volleyball  
Puzzles  
Elegant Horses

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*"Where flowers bloom so does hope and JOY."*